

# Presentation of the World Artistic Dance Federation



Dear friends of Artistic Dance!

This is going to be fabulous!!! Finally the WADF is rolling out on the runway! We are ready to fly.

It gives us great satisfaction to be able to present to you a new World Dance Federation and we are in many way different. We have learned from the past and we are looking for the future!

In the first place we do not look for Sport recognition. We believe that the Art of Dance is much more than a sport. We believe it is possible to compete in Dance without it being a Sport. We evaluate competitive dance from two criteria. The Technical part and the Artistic part and both have an equal value.

We look beyond the old fashion way of thinking that you must have a partner to be able to compete in Dance. We are changing the way of thinking in regards to Dance tuition. We are ready to take you on a World tour to explore the beauty of Artistic Dance and the enormous possibilities for development the Art of dance gives to so many people around the World.

We have learned from the past but we do not look back any longer. Our focus is set for the future. We wish you all a wonderful flight!

The WADF support and develop the Artistic Dancing in the World!



# Artistic One Dance Division

Solo Dance Competitions

Synchronised Duo Dance Competitions

One Dance Competitions

Music: Organisers music must be played in strict tempo

Dances: All suitable couple dances but preferable the following dances.

Open Ballroom (Standard) style: Slow Waltz, Tango, Slow Foxtrot, Viennese Waltz, Quickstep.

Open Latin American style: Cha-Cha-Cha, Rumba, Samba, Jive and Paso Doble.

Caribbean style: Salsa, Merengue and Bachata.

Free couple dance style: Any popular dance that is suitable.

Categories: Solo male, Solo female, Duos f-f, m-m, m-f, Couples f-f, m-m, m-f.





# Solo Dance Competitions

## Categories

- a/ Solo female
- b/ Solo male

## Dances

Solo dance competitions can be organized in any dance that is suitable.



# One Dance Competitions

## Categories

a/ Couples of any gender  
Female-female, male-male, male-female.

## Dances

It is possible to invite in any dance in any style of dancing



# Synchronised Duo Dance Competitions

## Categories.

- Duos (female-female, male-male, male-female).
- Definition of a Duo:  
A Duo is defined as two persons of any gender dancing together as individuals and not taking hold.
- Dances:  
It is possible to invite in any dance in any style of dancing!





## **How to perform the Synchronised Duo Dance Competitions.**

Organizers music played in strict tempo

Each discipline will be presented as a one dance discipline.

The Synchronized Duo Dance Competitions is performed in the same way as the accepted couple dance competitions. The difference is that a team consists of two dancers and all steps must be synchronised danced side by side, in shadow position or behind each other. It is not allowed to dance in an opposite mode as a couple facing each other taking a hold.

### **Format for dancing the final.**

- a/** All finalist duos will dance together.
- b/** The duos will then dance one by one.
- c/** All duos will than dance all together again



# Artistic Three and Five Dance Division

- **1. Artistic Three Dance Competitions**
- **2. Artistic Five Dance Competitions**
- **Music:** Organisers music must be played in strict tempo
- **Ballroom (Standard) style:** Slow Waltz, Tango, Slow Foxtrot, Viennese Waltz, Quickstep
- **Latin American style:** Cha-Cha-Cha, Rumba, Samba, Jive and Paso Doble.
- **Caribbean style:** Salsa, Merengue and Bachata.
- **Tango style:** Tango Waltz, Milonga, Argentine Tango ,
- **Categories;** a/ Couples / Female-Female, Male-Male, Male-Female.





# Artistic Three Dance competition

- **Standard Free style and International style:** Slow Waltz, Tango, Quickstep
- **Latin American Free style and International style:** Cha-cha-cha, Samba, Jive
- **Caribbean Free style:** Salsa, Bachata, Merengue
- **Tango Free style:** Tango Waltz, Milonga, Tango,
- Low lifts, separations, drops, shadow figures and figures without hold are allowed but no acrobatics.
- Before the competition starts the Chairman will have selected one of the three dances for the Solo performance.
  
- **Judging qualifying rounds**
- Judges mark the couples using the 1-dimensional system of marking with a cross for couples they want to go forward to the next round. The couples having the most crosses over the three dances will pass to the next round.
  
- **Judging the final**
- b/ All finalists will dance the first dance all together.
- c/ All couples will then dance the Solo dance one by one.
- d/ All finalists will dance the third dance all together
- e/ Each dance is judged on its own merit and the adjudicators will place the couples in order of merit using the 2-dimensional system by giving two sets of placing in each dance, one for the Technical merit and one for the Artistic merit.



# Artistic Five Dance Competitions

- **Dances**  
Standard Free style and International style: Slow Waltz, Tango, Slow Foxtrot, Viennese Waltz, Quickstep  
Latin American Free style and International style: Cha-cha-cha, Samba, Rumba, Paso Doble, Jive
- Low lifts, separations, drops, shadow figures and figures without hold are allowed only in the Free style.
- Acrobatics are not allowed
- Before the competition starts the Chairman will have selected one of the five dances for the Solo performance.
- **Judging qualifying rounds**
- Judges mark the couples using the 1-dimensional system of marking with a cross for couples they want to go forward to the next round. The couples having the most crosses over the five dances will pass to the next round.
- **Judging the final**
- b/ All finalists will dance the first and the second dance all together.
- c/ All couples will then dance the Solo dance one by one.
- d/ All finalists will dance the fourth and the fifth dance all together.
- e/ Each dance is judged on its own merit and the adjudicators will place the couples in order of merit using the 2-dimensional system by giving two sets of placing in each dance, one for the Technical merit and one for the Artistic merit.



# Couple Dance Formation Division

## 1. Couple dance Formation competitions

Music: Of the dancer's own choice

Standard style

Latin American style

Caribbean style

Free Couple Dance style

Lifts and Acrobatics: In all Couple Dance Formation disciplines lifts are allowed but not acrobatics.

Categories: Teams consisting of couples.

a/ Small teams 4 couples

b/ Large teams 8 couples

c/ Showcases 12 couples and more





- **Time limit:**
- a/ Small teams: Music must be between a minimum of 2 minutes and a maximum of 2.30 minutes.
- b/ Large teams: Music must be between a minimum of 2.30 minutes and a maximum of 3 minutes.
- c/ Show cases: Music must be between a minimum of 2.30 minutes and a maximum of 3 minutes.
  
- **How to perform the Couple dance Formation disciplines**
- a/ The teams are dancing a choreographed routine making interesting patterns to music that could be of any dance or several dances within the style of dances that is performed.
  
- b/ It is allowed to dance solo or with a hold as a couple with opposite steps. However a well balanced mix of dancing solo and as a couple will be rewarded.
  
- c/ During the qualifying rounds the judges' will use the 2-dimensional system by giving two crosses, one for Artistic Merit and the other for Technical Merit.
  
- d/ In the Final the judges' uses the 2-dimensional system by giving two sets of placing. One set for Artistic Merit and the other for Technical Merit.



# Artistic Multi Dance Division

1. Synchronized Dance Show Competitions
2. Choreographed Dance Show Competitions

- Music: Dancers' own prerecorded music.
- Dances: Dancers' make a choice of dances included in the style that is performed.

- Ballroom (Standard) style;
- Latin American style;
- Caribbean style;
- Swing dance style;
- Traditional dance style;
- Classic Film & Musical style;
- Contemporary style;
- Free style;

## Categories

- Duos and couples
- Trios
- Small teams 3-8 dancers
- Large teams 9-16 dancers
- Show cases over 16 dancers

## Time limits

- 1.30 – 2 minutes
- 2 – 2.30 minutes
- 2 – 2.30 minutes
- 2.30 – 3 minutes
- 2.30 – 3 minutes





# Synchronised Dance Show Competitions

## Duos and Couples

a/ A team consist of only two dancers and therefore all steps must be danced side by side, in shadow position or behind each other synchronized. It is allowed to face each other and dance mirroing figures for 4 bars at a time.

b/ It is possible to dance the Men's or/and the Ladies steps but always by the two dancers at the same time. Avoid keeping the same position in relation to each other during the whole performance. Try to make good use of the floor. In Ballroom style this is not a problem but could be in the Latin style.

c/ The head, the arms, the body, legs and feet should be synchronized during the performance except for the **last 8 bars** when it is possible to dance freely and acrobatics and lifts are also allowed.





## Teams and Showcases

- **a/** All dancers in the team are dancing exactly the same **figures** at the same time. It is possible to turn and travel in different direction, making different patterns as long as all dancers are dancing the same **figure**.
- **b/** For greater clarity some dancers **can't** dance a Whisk while others are dancing a Chasse. All dancers must dance a Whisk and a Chasse at the same time.
- **c/** All figures can be danced by all dancers in two ways, either as the leader or as the follower. (Men's and Ladies steps).
- **d/** It is allowed to dance solo or with a hold as a couple. However a well balanced mix of dancing solo and as couples is rewarded. All dancers must have at least one more dancer that is dancing the same steps facing the same way in a synchronized mode as a shadow.
- **e/** The only absolute condition is that all dancers are dancing the same figures at the same time, either as man or as lady, solo or as a couple. When changing from shadow steps to opposite steps and vice versa, there will be used a zip figure where the steps are not synchronized for a few seconds. Such figure may not last longer that 2 bars of music.
- **f/** The **last 8 bars for Small teams and last 16 bars for Large teams and Showcases** of the performance, it is allowed to dance different figures and dance freely to end up in a final pose. The final 8 or 16 bars may include acrobatic moments and lifts.



## Criteria for judging

- **a/** The judges will reward good synchronisation between the team members.
- **b/** It is important how the team uses the floor available.
- **c/** Clever choreography, impressive impact of each team member with correct technique is also important but the team is always judged as a whole and not as individuals.
- **d/** During the qualifying rounds the judges' will use the 2-dimensional system by giving two crosses, one for Artistic Merit and the other for Technical Merit.
- **e/** In the Final the judges' use the 2-dimensional system by giving two sets of placing. One set for Artistic Merit and the other for Technical Merit.





# Choreographed Dance Show Competitions

- Dance Show is a choreographed performance to music of the team's own choice. Acrobatics and lifts are allowed.
- Props are allowed if the props that are used can be brought on to the stage or dance floor in one go by the team members.
- **Time limits and Categories**
- Solos, Duos and Couples 1.30 - 2 min,
- Small teams 2 – 2.30 min,
- Large teams & Showcases 2.30 – 3 minutes





## Criteria for judging

- The judges will reward clever choreography, and the use of a red thread or a small story.
- Innovative and modern use of figures and movements within the style of dancing that is performed will be highly rewarded.
- The judges mark the successful teams to the next round by giving two sets of marks. One for the Artistic merit and one for the Technical merit.
- In the final the judges mark the teams in order of merit. The judges' gives two set of placing, one place for the Artistic merit and one for the Technical merit.



# Urban Street, Break and Pop Dance Division

- Urban Street Dance Competitions
- Urban Pop Dance Competitions
- Urban Street Dance Fusion Show Competitions
- Break Dance Competitions

## Age groups:

Mini Kids	under 8 years
Juveniles I	8-9 years
Juveniles II	10-11 years
Junior I	12-13 years
Junior II	14-15 years
Youth I	16-17 years
Youth II	18-20 years
Adults	21 and over
Adults II	31 and over

## Categories

Solo Female
Solo Male
Duos Female-Female (FF)
Duos Male (MM)
Duos Male-Female (MF)
Trios (3) dancers
Small Teams 4 – 8 dancers
Large Teams 9 - 16 dancers
Showcases over 16 dancers



# Urban Street Dance Competitions

- Urban Street Dance, (Including Hip Hop, Street Funk, Robot, Electric Boogie and any similar style)
- Tempo of the music: 27 - 28 bars per minute (108 - 112 beats per minute)
- Characteristics and Movement: Different new dance styles, such as Quick Popping Crew, Asian style, African style, Hype Dance, New-Jack-Swing, Popping, Jamming, etc., adding creative elements such as stops, jokes, flashes, swift movements, etc. Some Electric and Break movements can be performed but should not dominate. Floor figures are very popular but should not dominate the performance.





# Urban Pop Dance Competitions (Disco Dance Style)

- Music: Time Signature 4/4 Tempo: 34 - 35 bars per minute (136 - 140 beats per minute).
- Characteristics and Movement: Bouncing fast leg-movements with typical fast arm moments and a pumping body pulse should dominate all performances. Slides, leaps, jumps, kicks, spins and pirouettes are an important part of the dance. Floor figures such as splits, back and bump spins are allowed but should not dominate the performance. Long running leaps moving across the floor must not exceed four steps at a time. Musicality, (rhythm, breaks), dance variety and originality is very important.



# Urban Street Dance Fusion Show

Free Street Dance style where Breakdance, Electric, Robot, New style, New school, Crumping, Clowning, Locking, Popping, Boogaloo and Whacking. House and Techno and Disco-Dance floor and Dance Hall are dances that could be a part of the Urban Street Dance Fusion Show.

## Urban Street Dance Fusion Show Competition format

a/ Each team performs solo to their own music.

### Time limit

a/ Solos, Duos and Trios:

Music must be between a minimum of 1.30 minutes and a maximum of 2 minutes

b/ Small teams:

Music must be between a minimum of 2 minutes and a maximum of 2.30 minutes.

c/ Large teams:

Music must be between a minimum of 2.30 minutes and a maximum of 3 minutes.

d/ Show cases:

Music must be between a minimum of 2.30 minutes and a maximum of 3 minutes.

## How to perform the Urban Street Dance Fusion Show.

a/ Urban Street Dance Fusion Show is a choreographed performance.

b/ The character of the performance must be in line with the style of Urban Street dance.

c/ It is allowed to change clothes or remove parts of the costume.

d/ Acrobatics and lifts are allowed.

e/ Props are allowed if they can be brought on to the stage or dance floor in one go by the team members. Help from stage hands is not allowed. It must be possible to fold all scenic props and backgrounds so that they can be easily brought in through a normal size door.



# Break Dance Competitions

- **Categories**
  - a/ Solo Female (B-Girls)
  - b/ Solo Male (B-Boys)
  - c/ Small Teams 4 – 8 dancers Mixed (B-Boys & B-Girls)
  - d/ Large Teams 9 – 16 dancers Mixed (B-Boys & B-Girls)
- **Age groups.**
  - a/ Juveniles 11 years and under
  - b/ Juniors 12-15 years
  - c/ Youth and Adults 16 years and over
- **Lifts and Acrobatics.**

It is allowed to use acrobatics, except dangerous tricks for Juveniles like head spins, the crown and other figures that could damage the neck and the spine. Dangerous tricks and acrobatics are used at the trainers, parents and/or dancers own risk.
- **Music:**
- The Organiser's music will be used in all rounds.





# Stage Dance Division

## 1. Tap Dancing

### Age groups:

Mini Kids under 8 years  
Juveniles I 8-9 years  
Juveniles II 10-11 years  
Junior I 12-13 years  
Junior II 14-15 years  
Youth I 16-17 years  
Youth II 18-20 years  
Adults 21 and over  
Adults II 31 and over

### Categories:

Solo Female  
Solo Male  
Duos Female-Female (FF)  
Duos Male (MM)  
Duos Male-Female (MF)  
Trios (3) dancers  
Small Teams 4 - 8 dancers  
Large Teams 9 - 16 dancers  
Showcases over 16 dancers



# Members and licence holders of the World Artistic Dance Federation

## Members

- There are two kinds of members and there are no restrictions on how many members there are from any one country.
- a/ Single entities (SM) such as individuals, couples, Dance teams, Dance Schools, Dance Clubs, Dance companies, Corporate businesses.
- b/ Multi member entities, Branch members (BM) such as Federations, Associations, Organizations.

## License holders

- Dancers. Any of the above standing members will have the possibilities to enroll dancers for WADF recognized events and all dancers enrolled for WADF recognized events must be registered and must purchase an updated license.



# World Artistic Dance Federation Website

[www.worldartdance.com](http://www.worldartdance.com)

You will find the complete Competition rules, the membership application form and all other documents governing the World Artistic Dance Federation.

Welcome to apply for membership!





Thank you for watching  
and  
Good Luck!